



Course Specification

(Bachelor)

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| Course Title: Physics for Health Science |
| Course Code: 0303Phys |
| Program: Health path |
| Department: Physics |
| College: Science |
| Institution: King Khalid University |
| Version: TP-153 (2024) |
| Last Revision Date: 10/1/2025 |





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A. General information about the course:

1. Course Identification

1. Credit hours: (2+1= 3hrs)

2 Hrs (Theory) + 1Hrs (Practical)

2. Course type

A. ☒ University ☐ College ☐ Department ☐ Track ☐ Others

B. ☒ Required ☐ Elective

3. Level/year at which this course is offered: (2nd /First Year)

4. Course General Description:

This course is to present an introductory physics course designed for health sciences students. It incorporates both theory and laboratory experiments in developing and understanding the following concepts:

Units, dimensions, and vectors
Laws of motion
Statics
Work, energy, and power
Elastic and thermal properties of materials
Non-viscous and viscous fluids
Waves
Optics
Modern physics
Nuclear physics
Practical Part

The practical part of the course provides first-hand experience that illustrates the major concepts discussed in the theory classes.

5. Pre-requirements for this course (if any):

N/A

6. Co-requisites for this course (if any):

N/A

7. Course Main Objective(s):





Upon successful completion of this course, students will be able to:

- Know the basic principles of physical measurements, conversion of units, and dimensional analysis.
- Understand the difference between scalar and vector quantities and all vector algebra operations.
- Describe Newton's laws of motion and their applications.
- Understand the basic principles of statics, torque, center of gravity.
- Interpret work, kinetic energy, potential energy, the work-energy theorem, the conservation of energy principle, their applications, and power.
- Determine the elastic properties of materials.
- Know the thermal properties of matter and heat transfer.
- Study the mechanics of non-viscous fluids, fluid pressure, the equation of continuity, and Bernoulli's equation.
- Know the mechanics of viscous fluids and Poiseuille's law.
- Describe wave motion.
- Study mirrors, lenses, and imaging.
- Understand nuclear physics, radiation physics.

2. Teaching mode (mark all that apply)

| No | Mode of Instruction | Contact Hours | Percentage |
|----|--|-----------------|------------|
| 1 | Traditional classroom | 16x2hrs/week=32 | 100% |
| 2 | E-learning | 0 | 0 |
| 3 | Hybrid <ul style="list-style-type: none"> • Traditional classroom • E-learning | 0 | 0 |
| 4 | Distance learning | 0 | 0 |

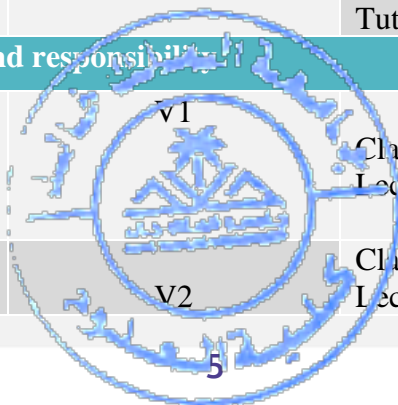
3. Contact Hours (based on the academic semester)

| No | Activity | Contact Hours |
|-------|-------------------|---------------|
| 1. | Lectures | 32 |
| 2. | Laboratory/Studio | 20 |
| 3. | Field | 0 |
| 4. | Tutorial | 0 |
| 5. | Others (specify) | 0 |
| Total | | 52hr |



B. Course Learning Outcomes (CLOs), Teaching Strategies and Assessment Methods

| Code | Course Learning Outcomes | Code of PLOs aligned with the program | Teaching Strategies | Assessment Methods |
|------------|--|---------------------------------------|--|--|
| 1.0 | Knowledge and understanding | | | |
| 1.1 | Demonstrate a thorough knowledge of the fundamental theories and principles of medical physics | K1 | Providing all lectures in a classroom with an assistance of projecting devices | Written exams (including Quizzes) |
| 1.2 | Recognize the fundamentals of physics, including the definitions of force, torque, work, energy, power, pressure, stress, strain, and specific heat. | K2 | Providing all lectures in a classroom with an assistance of projecting devices | Written exams (including Quizzes) |
| 1.3 | Outline the applications of Physics in Medicine | K3 | Providing all lectures in a classroom with an assistance of projecting devices | Written exams (including Quizzes) |
| 2.0 | Skills | | | |
| 2.1 | To practice critical thinking and efficient problem-solving skills in Physics | S1 | Classroom Lectures and Tutorials | Quiz and Exams (Mid and Final) |
| 2.2 | Concepts of work and energy and their estimations | S2 | Classroom Lectures and Tutorials | Quiz and Exams (Mid and Final) |
| 2.3 | Numerical problems based on equations, and solving them | S3 | Classroom Lectures and Tutorials | Quiz and Exams (Mid and Final) |
| 2.4 | To apply the concept of fluid flow to solve problems in medicine | S4 | Classroom Lectures and Tutorials | Quiz and Exams (Mid and Final) |
| 3.0 | Values, autonomy, and responsibility | | | |
| 3.1 | To demonstrate social responsibility and ethical principles | V1 | Classroom Lectures | Explain and Discover an interactive discussion |
| 3.2 | To show independency in | V2 | Classroom Lectures | Explain and Discover |



| Code | Course Learning Outcomes | Code of PLOs aligned with the program | Teaching Strategies | Assessment Methods |
|------|--|---------------------------------------|---------------------|--|
| | solving simple problems | | | an interactive discussion |
| 3.3 | To understand the risks and benefits of radiation in medicine, from a medical physics perspective. | V3 | Classroom Lectures | Explain and Discover an interactive discussion |

C. Course Content

| No | List of Topics | Contact Hours |
|--------------|---|---------------|
| 1 | Measurements, Units Dimensions and Vectors Physical quantities including base and derived quantities, vectors and scalars, vector multiplication and resultant vector (Numerical Examples and Problems) | 4 |
| 2 | Newton's Laws of Motion (Numerical solution of Examples and Problems) | 2 |
| 3 | Statics Conditions of equilibrium, calculation of torque Static Physics and (Numerical solution of Examples and Problems) | 5 |
| 4 | Work, Energy and Power Definitions of work and energy, work-energy principle, types of energy, Power (Numerical solution of Examples and Problems) | 5 |
| 5 | Elastic Properties of Materials Stress, strain and Young's Modulus, stress-strain graph (Numerical solution of Examples and Problems) | 2 |
| 6 | Thermal Properties of Materials Linear thermal expansion of materials including length, area and volume expansions (Numerical solution of Examples and Problems) | 2 |
| 7 | The Mechanics of Viscous & Non-Viscous Fluids Viscosity, Types of fluids, the equation of continuity, Bernoulli's equation, principles of blood pressure measurements, Fluid flow types (Numerical solution of Examples and Problems) | 5 |
| 8 | The Description of Wave Motion Types of waves, wave parameters and velocity of waves (Numerical solution of Examples and Problems) | 2 |
| 9 | Geometrical Optics, Mirrors, Lenses and Images Mirrors, lenses and image formation. Defects of eyes (Numerical solution of Examples and Problems) | 3 |
| 10 | Nuclear and Radiation Physics Isotopes, types of radiations, half-life of nucleotides, physical and biological half-life (Numerical solution of Examples and Problems) | 2 |
| Total | | 32 |



| No | List of Practical's | Contact Hours |
|-------|---|---------------|
| 1 | Measurement of errors by Vernier calipers and micrometer | 2 |
| 2 | Specific heat capacity of solid by the method of mixture | 2 |
| 3 | Mechanical Equivalent of heat through an electrical method | 2 |
| 4 | Surface tension of liquids using the direct pull method. Effect of temperature variation on surface tension. | 2 |
| 5 | Study the effect of light refraction through glass and liquid and determination of their refractive indices. | 2 |
| 6 | Coefficient of viscosity of a viscous liquid by the Stokes method | 2 |
| 7 | Determination of the force constant of a helical spring and the acceleration due to gravity using the spring-mass system | 2 |
| 8 | Correction of visual defects (myopia and hypermetropia) in the eye. Comparison of experimental results with theoretical predictions. | 2 |
| 9 | Observation of the interference pattern from a Young's double slit experiment and estimation of the resolving power of the human eye. | 2 |
| 10 | Study the characteristic curve of a G.M. tube. Measure the attenuation coefficient for metals. Relate the attenuation coefficient to the atomic number. | 2 |
| Total | | 20 |

D. Students Assessment Activities

| No | Assessment Activities * | Assessment timing (in week no) | Percentage of Total Assessment Score |
|----|-------------------------|--------------------------------|--------------------------------------|
| 1. | Quiz and Assignments | 5th & 12 th | 10% |
| 2. | Mid Exam | 10th | 30% |
| 3. | Practical Exam | End of Term | 20% |
| 4. | Final Exam | End of Term | 40% |

*Assessment Activities (i.e., Written test, oral test, oral presentation, group project, essay, etc.).

E. Learning Resources and Facilities

1. References and Learning Resources

| | |
|-----------------------|--|
| Essential References | Physics" Written by Joseph W. KANE and Morton M. STERNHEIM. Third Edition. JOHN WILEY & SONS, Inc. ISBN: 0-471-63845-5 |
| Supportive References | University Physics Models and Applications, William P. Crummett Arthur P. Western, |





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|---------------------------------|---|
| | ISBN- 10: 0697111997 ISBN-13: 978-0697111999, William C Brown Pub (January 17, 1994). Physics, Volume 1, Robert Resnick, David Halliday, Kenneth S. Krane, 5th Edition, Wiley; 2001. ISBN-13: 978-0471320579, ISBN- 10: 0471320579 |
| Electronic Materials | Web Sites, www.lms.kku.edu.sa to access lecture notes, lab manual, announcements related to the course etc. |
| Other Learning Materials | No further materials are recommended. |

2. Required Facilities and equipment

| Items | Resources |
|--|--|
| facilities (Classrooms, laboratories, exhibition rooms, simulation rooms, etc.) | A classroom with its facilities that accommodates forty students |
| Technology equipment (projector, smart board, software) | Data show, laptop, smart board and internet |
| Other equipment (depending on the nature of the specialty) | ---- |

Φ. Ασσεσμεντ οφ Χουρσε Θυαλιτφ

| Assessment Areas/Issues | Assessor | Assessment Methods |
|--|---|--------------------|
| Effectiveness of teaching | Periodic self- assessment Students | Direct |
| Effectiveness of Students assessment | Faculty | Indirect |
| Quality of learning resources | Peer Reviewers | Direct |
| The extent to which CLOs have been achieved | Committee of Development and Quality | Direct & Indirect |
| Other | | |

Assessors (Students, Faculty, Program Leaders, Peer Reviewers, Others (specify))

Assessment Methods (Direct, Indirect)

G. Specification Approval

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|-------------------------------|---|
| COUNCIL /COMMITTEE | Physics department Council |
| REFERENCE NO. | The meeting No. 11 the academy year 1444-1445, the recommendation No. 45/46 |
| DATE | 1446 H |

